



Pre-BRC Training Course

- If you have ever wondered what it would be like to ride a motorcycle.....
- If you have registered to take the Basic Rider Course (R) (BRC) and want to get a head start on your learning.....
- If you attempted a BRC but were overwhelmed with the initial riding experience.....

.....then **Pre-BRC is for you!**

The Pre-BRC class is designed for those who have never ridden a motorcycle. It also serves as "start again" training for those who have attempted a BRC. This class provides more time for those initial riding experiences (e.g. learning the "friction zone") that are more challenging for some of us.

Because the Pre-BRC class does not substitute for the BRC and no completion card is issued, there is no pressure on you to "pass." **Come experience the fun!!**

Course Objectives

In the Pre-BRC class, you will learn:

- Operation and functions of basic motorcycle controls
- Starting and stopping a motorcycle
- Operating a motorcycle in a straight line at slow speeds
- Clutch and throttle coordination
- Shifting gears

Course Details

The maximum number of students in a Pre-BRC class is four with one RiderCoach. All RiderCoaches are certified by the Motorcycle Safety Foundation (MSF) and the Virginia Rider Training Program (VRTP). RiderCoaches for the Pre-BRC class are experienced in working with novice riders and those with special concerns.

The Pre-BRC class is three hours in length and costs \$75.00.

Classes are held on the TNCC Motorcycle Training Range which is adjacent to the Peninsula Workforce Development Center (PWDC). Students meet at the storage containers on the PWDC parking lot at 600 Butler Farm Road and must be on time. There is no classroom work. Program motorcycles and helmets are provided for the course. You may use your own helmet if it is a three quarter or full face helmet that meets or exceeds DOT standards.

Students must provide the following protective clothing:

- (1) Eye protection (glasses, goggles or face shield)
- (2) Long sleeve shirt and/or jacket
- (3) Gloves (full-fingered, abrasion resistant, no skin exposed. . . preferably leather)
- (4) Sturdy pants (denim jeans or better) that come down over the top of the footwear when standing
- (5) Sturdy, over-the-ankle footwear, with a low heel

STUDENTS WILL NOT BE PERMITTED TO RIDE WITHOUT THIS CLOTHING!

Pre-BRC Class Schedule

The Pre-BRC classes meet at the motorcycle safety program storage containers on the PWDC parking lot at 600 Butler Farm Road. Class starts at 5:30 PM and will end at approximately 8:30 PM. It is advised that you plan to arrive not later than 5:15 PM. **Note:** Please park at the PWDC.

You must be on time for all sessions of the course. Class starts promptly. If you are late for any portion of the class you will be dismissed with no refund. In order to be eligible for a refund class registration must be canceled at least three business days prior to the class start date.

Course Code	Section	Date
TRNS 3160-PB1		May 28, 2009
TRNS 3160-PB3		June 25, 2009
TRNS 3160-PB5		July 23, 2009
TRNS 3160-PB7		August 13, 2009

Directions to Peninsula Workforce Development Center (PWDC),

600 Butler Farm Road, Hampton, VA 23666

From I-64 East (Richmond/Williamsburg) take Exit 261B to Hampton Roads Center Parkway. Take the second right to Magruder Blvd.; stay to the left and turn left at the bottom of the hill at the stoplight onto Magruder Blvd. At the first stoplight turn left onto Butler Farm Road. The Peninsula Workforce Development Center is approximately ½ mile ahead on the right, just past the New Horizons Regional Education Center. There is free parking beside the building.

From I-64 West (Norfolk) take Exit 262B to Magruder Blvd. at the third stoplight, turn left onto Butler Farm Road and follow directions above.

The motorcycle safety program storage containers (beige) are at the far left of the parking lot, behind the PWDC building.

Contact Us

If there are any questions you don't find answered here please call 757-825-2758. We'll be happy to provide you with more information for this and any of our other Rider courses.